



WATERBEACH COLTS FOOTBALL CLUB 2020/21

Established 2002

Affiliated to Cambridgeshire Football Association 2020-2021 Affiliation No: W-CAM 1385

WCFC Guidance for Parents and Players - for a return to Competitive Football

Below is WCFC's guidance for a safe return to competitive football, followed by a series of consents for you to consider and sign if you are happy to do so. It emphasises our earlier guidance from June, and highlights certain messages from the FA's Covid-19 Guidance on Re-Starting Outdoor Competitive Grassroots Football, Version 1.0, published 18 July 2020 – **which we ask you to read in full.**

- Players should not attend training if they are feeling unwell or have any COVID-19 symptoms. If you or your child are showing symptoms of the virus or have been in contact with someone displaying symptoms within the last two weeks, then you should stay at home and self-isolate, get a test and seek medical advice. For further advice please see <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
<https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/>
- Support NHS Test and Trace: at matches you are likely to be asked for your name and contact details, so that in the event of a Covid-19 outbreak, those potentially infected can be traced. This is to everyone's benefit, so please co-operate. Details will be collected, stored and destroyed as per GDPR (General Data Protection Regulations), with regard to privacy of personal data.
- Competitive training and match play is now permitted. Groups of up to 30 including coaches may meet to train/play. **Social distancing should be maintained before and after training and matches, at arrival and leaving, and during breaks.**
- Players to arrive changed and ready in clean kit. They are to bring only what they need, including their named drinking bottle with water, named hand sanitiser, and named inhaler (if appropriate). Coaches will not be collecting lost property at the end of sessions; players to take all their belongings straight home with them after the session.
- No sharing of water bottles. Players will have a designated area to store their drinks and hand sanitiser safely.
- No spitting. No spitting or spraying water from water bottles. Shouting face to face to be avoided.
- No shaking hands or high fives between players, coaches, referees and other officials. Coaches may instruct alternatives, such as toe taps or elbow bumps.
- Interactions with coaches, referees and other officials to observe social distancing unless in an emergency first aid situation.
- Shared equipment to be avoided where possible. Players are not to touch the ball, cones, goals or other equipment with their hands – Coaches only to touch these. Please support the Coaches in this, as they have to clean and disinfect the equipment before and after training and matches.
- Please encourage players to wash hands before they leave for training and when they return home, and to use their sanitiser at the beginning and end of each session, and when the Coach instructs.
- At the current time that there is no access to the pavilion, toilets or wash facilities. We are making arrangements to prepare for toilets access once league matches start. Changing rooms and showers are likely to remain closed.
- Please follow, where possible, the FA guidance on Travel to Training and Matches (page 6 of the attached FA guidance). Note that Waterbeach Rec car park is now open, and in order to avoid congestion, we ask that those who can, continue to walk/cycle.
- Parents and other spectators to support from their designated viewing area and to observe Government social distancing rules, taking responsibility to avoid over-crowding.
- Coaches will be observing the Respect guidelines as always, and we ask that players and parents continue to play their role in this, and to pay extra special attention to Coaches' instructions.
- Your child may only return to competitive training and matches, dependent on the consents you sign overleaf. It is up to coaches as to whether or not they set up friendlies.



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WCFC Parents / Carers Consent Form - for a return to Competitive Football – 26 July 2020

Parents/Carers Consent Form

Re: (name(s) of child/ren).

I / we confirm:

I / we have read the information sent to me by WCFC, including the FA's guidance dated 18 July 2020, and that my child/ren and I will endeavour to follow the best practice suggested, before, during and after training and matches.

I / we and my child/ren will read, discuss and follow, where possible, additional or new guidance that is shared by WCFC and the FA during the season.

I / we consent to: *

My child participating in competitive training with immediate effect.

My child participating in friendly matches from August (friendlies will be kept local where possible).

My child participating in league matches from September / ~~later in the season~~ **(please delete as appropriate)**
(note that at time of writing the leagues have not given a start date).

First Aid: if I am not able or available to aid my own child/ren, then I am happy to permit the qualified First Aider present to assist my child/ren. I understand that extra hygiene precautions and social distancing will be maintained where possible, but there will be times when distancing needs to be compromised.

* Please strike a line through anything you do **not** consent to.

Signed..... (parent/carer name). Date.....